

TRACK EVENTS TIMETABLE

11.30	T1	300m Hurdles Inter Girls	Final	15.25	T31	110m Hurdles Senior Boys	Final
	T2	400m Hurdles Senior Girls	Final		T32	100m Hurdles Inter Boys	Final
	T3	400m Hurdles Inter Boys	Final		T33	100m Hurdles Senior Girls	Final
	T4	400m Hurdles Senior Boys	Final		T34	80m Hurdles Junior Boys	Final
					T35	80m Hurdles Inter Girls	2 Heats
11.50	T5&5A 1 RACE	1500m S/chase Senior Girls with 1500m S/chase Inter Girls	Final		T36	75m Hurdles Junior Girls	2 Heats
				15.50	T37	800 metres Junior Girls	2 Races
12.00	T6	100 metres Junior Girls	2 Heats		T38	800 metres Inter Girls	1 Race
	T7	100 metres Junior Boys	2 Heats		T39	800 metres Senior Girls	1 Race
	T8	100 metres Inter Girls	2 Heats		T40	800 metres Junior Boys	1 Race
	T9	100 metres Inter Boys	2 Heats		T41	800 metres Inter Boys	1 Race
	T10	100 metres Senior Boys	2 Heats		T42	800 metres Senior Boys	1 Race
12.30	T11	1500m S/chase Inter Boys	Final	16.25	T43	200 metres Junior Girls	Final
	T12	2000m S/chase Senior Boys	Final		T44	200 metres Inter Girls	Final
					T45	200 metres Senior Girls	Final
12.50	T13	1500 metres Junior Boys	1 Race		T46	200 metres Junior Boys	Final
	T14	1500 metres Inter Boys	1 Race		T47	200 metres Inter Boys	Final
	T15	1500 metres Senior Boys	1 Race		T48	200 metres Senior Boys	Final
13.15	T16	300 metres Junior Girls	2 Heats	16.40	T49	3000 metres Inter Boys	Final
	T17	300 metres Inter Girls	2 Heats		T50	3000 metres Senior Boys	Final
13.35	T18 & 18 1 RACE	3000 metres Inter Girls 3000 metres Senior Girls	Final Final	17.10	T51	75m Hurdles Junior Girls	Final
					T52	80m Hurdles Inter Girls	Final
				17.20	T53	300 metres Junior Girls	Final
13.50	T19	100 metres Junior Girls	Final		T54	300 metres Inter Girls	Final
	T20	100 metres Inter Girls	Final		T55	300 metres Junior Boys	Final
	T21	100 metres Senior Girls	Final				
	T22	100 metres Junior Boys	Final		T56	400 metres Senior Girls	Final
	T23	100 metres Inter Boys	Final		T57	400 metres Inter Boys	Final
	T24	100 metres Senior Boys	Final		T58	400 metres Senior Boys	Final
				17.40	T59	4 X 100 Metres Junior Girls	Final
					T60	4 X 100 metres Inter Girls	Final
					T61	4 X 100 metres Senior Girls	Final
					T62	4 X 100 metres Junior Boys	Final
14.45	T25	200 metres Inter Girls	2 Heats		T63	4 X 100 metres Inter Boys	Final
	T26	200 metres Junior Boys	2 Heats		T64	4 X 100 metres Senior Boys	Final
	T27	200 metres Inter Boys	3 Heats				
15.00	T28	1500 metres Junior Girls	2 races				
	T29	1500 metres Inter Girls	1 Race				
	T30	1500 metres Senior Girls	1 Race				

FIELD EVENTS TIMETABLE

As there is a large number of competitors in throwing events and new safety requirements there will have to be adjustments to this timetable.

Some events may be called early if the area is available, but some may have to be moved to the end of this already long programme.

PLEASE LISTEN TO THE ANNOUNCER FOR EXACT TIMES OF FIELD EVENTS

and arrive promptly when called.

10.00	F1	Hammer Junior Boys	5	14.30	F23	Shot Junior Girls	10
	F2	Hammer Inter Boys	4		F24	High Jump Junior Girls	13
	F3	Hammer Senior Boys	5		F25	Long Jump Inter Girls	11
	F4	Hammer Senior Girls	5		F26	Pole Vault Junior Girls	4
					F27	Pole Vault Inter Girls	2
11.30	F5	High Jump Inter Girls	12		F28	Pole Vault Senior Girls	1
	F6	High Jump Senior Girls	5		F29	Pole Vault Junior Boys	2
	F7	Long Jump Junior Girls	14		F30	Pole Vault Inter Boys	5
	F8	Triple Jump Junior Boys	6		F31	Pole Vault Senior Boys	no entries
	F9	Shot Inter Girls	14		F32	Discus Senior Boys	6
	F10	Hammer Junior Girls	5				
	F11	Hammer Inter Girls	8	15.15	F33	Javelin Inter Girls	9
					F34	Javelin Senior Girls	9
12.30	F12	High Jump Junior Boys	11				
	F13	Long Jump Inter Boys	10	15.30	F35	Long Jump Senior Girls	6
	F14	Triple Jump Senior Boys	4		F36	High Jump Senior Boys	7
	F15	Shot Senior Girls	9		F37	Triple Jump Inter Boys	5
					F38	Discus Junior Girls	10
12.45	F16	Discus Inter Boys	8		F39	Shot Senior Boys	7
	F17	Discus Junior Boys	5				
				16.30	F40	Long Jump Senior Boys	6
13.30	F18	Long Jump Junior Boys	10		F41	Triple Jump Inter Girls	12
	F19	High Jump Inter Boys	5		F42	Shot Inter Boys	6
	F20	Triple Jump Senior Girls	10		F43	Discus Inter Girls	4
	F21	Shot Junior Boys	9		F44	Discus Senior Girls	5
	F22	Javelin Junior Girls	10		F45	Javelin Junior Boys	6
				17.15	F46	Javelin Inter Boys	9
					F47	Javelin Senior Boys	4