



CODE OF CONDUCT for Cross country runners at the Nationals Schools' Championship 2019

I will comply with the following WSAA policy:

- **I will travel with the Wiltshire team on the coach to the Nationals Cross Country Championship.**
- **I understand** that if I do not travel with the Wiltshire team on the coach to the National Cross Country Championship **I will not be allowed to compete.**
- I will contact team managers immediately if I am no longer able to compete.
- I will contact team managers immediately if an emergency situation arises on the day of travel.
- I will accept and abide by the instructions given by Team Managers
- I will remain on the site of the National Championship until after the presentation for my age group event.
- I will behave in a manner, which reflects my position as an athlete, representing my county, school, parents and myself
- I will walk the course with the team and my team manager.
- I will discuss my warm-up requirements with my team manager. I understand that the team manager may wish the team to warm-up together and if requested to warm-up with the team, I will do so. Often the team manager will allow athletes some flexibility on how the first part of their warm-up is conducted, if so I understand the need to agree on the place and time to meet so that my team manager has time to ensure that I report in time for my event. I understand that in team events, especially cross country events, I have a responsibility to the other team members and that the last part of my warm-up will be with the team. I appreciate it is very important in cross country events to ensure the order in the start gate is organised, the start is practiced and that we all feel part of a team.
- I will treat all team managers and other team members with respect and act in a courteous manner towards them.
- I will not consume alcohol, smoke tobacco products or consume any prohibited substances whilst being a member of the Wiltshire Schools' Athletics team.
- I understand that I may only compete if wearing correct county kit.
- I understand that I am expected to purchase my own WSAA running vest and supply my own pair of plain, unbranded (black tape can be used to cover brand names) black running short.
- I will see my team manager after I have completed my event in order to inform them of how I will be travelling home and finally if I am not travelling back with on the team coach, check with them that it is OK for me to leave.
- I understand the consequences of failing to meet the above standards of behaviour whilst representing my county team may result in non-selection for future WSAA teams.
- I understand that the Medical / Consent form must be fully and honestly completed and returned as required on the day in order for me to compete for WSAA.
- I agree to pay for any damage caused by my son / daughter, which is deemed deliberate: Athletes under 18
- I agree to pay for any damage I cause: Athletes over 18

SignedAthlete Date.....

SignedParent Date.....