

SW Schools Athletics Championships  
Saturday 15th June 2019  
Provisional Programme

Track Events

11.30 300m Hurdles	Heats / (Finals) IG
400m Hurdles	Heats/(Finals) SG/IB/SB
11.50 1500m Steeplechase	Senior Girls/ Inter Girls
12.00 100 metres	Heats (All groups)
12.25 1500m Steeplechase 2000m Steeplechase	Inter Boys Senior Boys
12.45 1500 metres	Finals-JB/IB/SB
13.05 300 metres	Heats JG/IG/JB
13.20 400 metres	Heats SG//IB/SB
13.30 3000 metres	Finals -IG/SG
13.45 100 metres	Finals - All groups
14.25 300m Hurdles 400m Hurdles	Final IG/SG/IB/SB
14.35 200 metres	Heats (All Groups)
15.00 1500 metres	Finals JG/IG/SG
15.20 Sprint Hurdles	Heats (All groups)
16.00 800 metres	Finals - (All groups ) (Graded races)
16.25 200 metres	Finals -(All groups)
16.45 3000 metres	Finals - IB
17.00 Sprint Hurdles	Finals (All groups)
17.15 300 metres	Final - IG : JB
17.20 400 metres	Finals -SG/ IB/SB
17.35 Relays	All Groups
18.00 3000 metres	Final - SB

Field Events

10.00 Hammer	JB/IB/SB/SG
11.30 High Jump	IG/SG
Pole Vault	IB/SB
Long Jump	Junior Girls
Triple Jump	Junior Boys
Shot	Inter Girls
Discus	Junior Boys
12.15 Javelin	Junior Girls
12.30 High Jump	Junior Boys
Long Jump	Inter Boys
Triple Jump	Senior Boys
Shot	Senior Girls
12.45 Discus	Inter Boys
13.30 Long Jump	Junior Boys
High Jump	Inter Boys
Triple Jump	Senior Girls
Shot	Junior Boys
Hammer	JG/IG
14.30 Shot	Junior Girls

	High Jump	Junior Girls
	Long Jump	Inter Girls
	Pole Vault	JB/JG/IG/SG
	Javelin	IG/SG
	Discus	Senior Boys
15.30	Long Jump	Senior Girls
	High Jump	Senior Boys
	Triple Jump	Inter Boys
	Discus	Junior Girls
	Shot	Senior Boys
	Javelin	Junior Boys
16.30	Long Jump	Senior Boys
	Triple Jump	Inter Girls
	Shot	Inter Boys
	Discus	IG/SG
	Javelin	Senior Boys
17.15	Javelin	Inter Boys