



WSAA CROSS COUNTRY CHAMPIONSHIP 18th JANUARY 2020 (Reserve date January 25TH)

IMPORTANT INFORMATION FOR ATHLETES AND PARENTS

Dear Athlete,

Congratulations on being selected to represent (as a reserve, reserves do not go unless required to run), your area at the WSAA County Cross Country Championship at Sheldon School, Chippenham, SN14 6HJ, on Saturday January 18th (reserve date 25th Jan) First race 10.45 last race 11.55. WSAA wish to inform you and your parent about our website and how we run the Championship. Please show this letter to your parent or guardian.

Website and name check: The WSAA website address is: www.wiltsschoolsathletics.org; please visit our website for full details of the Cross Country Championship and to check that we have spelt your name correctly (names will be displayed a.s.a.p.) Programmes will be printed containing all names and all individual race numbers for all athletes. Please contact WSAA a.s.a.p. via our website should your name be misspelt.

Support WSAA: Please support WSAA on the day by purchasing a programme, priced £2.00. As stated above, the programme will contain the names of everyone who has been entered. WSAA will be selling tea / coffee / orange and **cake** with a **WOW** factor plus **BETTER BACON BAPS**. **We are keen to enlist the volunteer services of someone with knowledge of computer networks and programming. Please contact WSAA via contacts on our webpage if this interests you.**

Selection for the South West Schools' Cross Country Championship: WSAA take teams of 10 in each of the age groups to the SWS Championship (Please read the selection criteria on our website) The teams will be selected immediately after the last race at the Championship. **Only athletes who have said they are available will be considered for selection.**

If you come in the **TOP 13** in your race, you must go to the Results Hub immediately after your race, (you have 5 minutes for a short cool down, put on some layers, take on some food and drink; also please also change out of your running spikes) To find the Results Hub study the map and follow signs. **ALL top 13 runners will be handed a pack of info – please note: being handed a pack does not mean that you have been selected.**

You will be asked the following details about your availability (this information is input directly into our computer system) The questions you will be asked are:

1. Are you available to compete at the SWS Championship in Bournemouth on Sat 8th February 2020
Note: You must provide your own transport to this event.
2. You will need to arrive in time to inspect the course with the relevant team manager.

PLEASE NOTE: IF YOU ARE MAKING YOURSELF AVAILABLE, IN ORDER TO COMPETE FOR WSAA YOU NEED TO SUPPLY YOUR OWN PAIR OF **PLAIN BLACK SHORTS** and **YOU NEED TO PURCHASE A WSAA VEST** (cost£20.00) OR USE A COUNTY AA VEST. YOU WILL ONLY BE ALLOWED TO COMPETE IN THE CORRECT KIT. NEW WSAA VESTS WILL BE AVAILABLE FOR **PURCHASE (WE DO NOT LEND OUT WSAA KIT)** AT THE SW CHAMPS (BUT NOT AT THE Nationals)

3. Are you available to compete at the ESAA Champs in Liverpool on Saturday 14th March 2020
Note: You must travel on the team coach on Friday 13th and stay overnight on the Friday night in accommodation booked by WSAA.

Queries? Contact Cross Country Team coordinator Andy Scrase via contacts at www.wiltsschoolsathletics.org

WSAA Cross Country Championship – Medals & Certificates: The first three in each race will each receive a medal and a certificate ticket, places 4, 5 & 6 will receive a certificate ticket immediately after the race on the PODIUM in THE PRESENTATION AREA. Certificates will be given out in the RESULTS HUB.

We hope this information will be useful to you and help you through the availability process.

Good Luck. WSAA