

ESAA Cross-Country Championship
Ardingly Showground
Saturday March 15th 2025

Information in this prospectus will include, Directions, Car Park details, Map of Courses, Race times , & Race Chip Information.

1. Competitors Race Chips, Numbers & Programmes

This year, we will use race bibs (numbers) with a chip attached to the rear of the number. These are DISPOSABLE and can be discarded as waste after the race.

Numbers must be pinned securely on the front of County vests. (ESAA does not provide Pins)

Any mutilation or folding of these numbers will lead to disqualification and the chip will not record the finishing position or time.

2. Food

There will be food outlets on site

3.. Championship notes for the start of each race.

Competitors should assemble in the area behind the start in plenty of time before their race.

Competitors will be allowed into the start area 5 minutes before the beginning of each race.

A warning will be given 3 minutes before each race. At this time, competitors should assemble behind their start pen.

With 1 minute to go competitors will be instructed to move into their start pen and line up in race order by the Start Stewards.

Competitors should listen carefully to any last moment instructions given by the Starter.

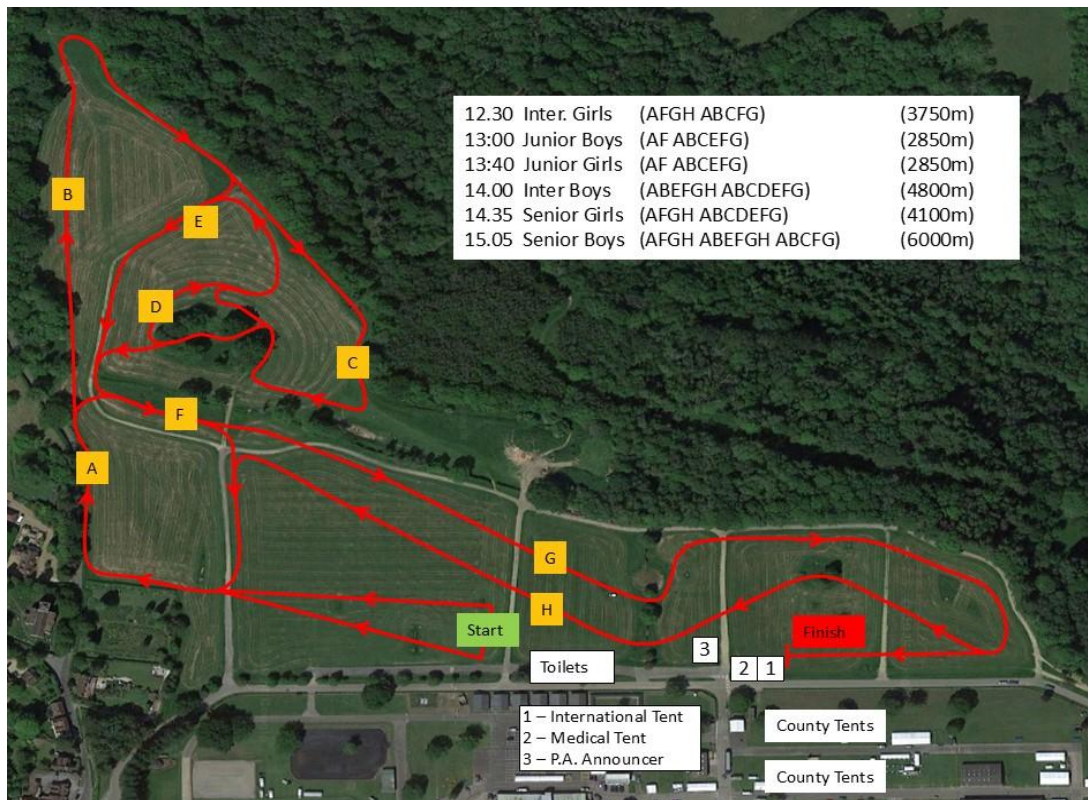
The start will be by gun

Numbers must be securely pinned on the front of the County vest – any mutilation or folding of these numbers may lead to disqualification

9.00 a.m.	Championship Site Open
9.30 a.m.	Championship Course Open for Inspection
10.00 a.m.	Declarations open
11.00 a.m.	Officials meeting
12.00 a.m.	Declarations Close and Championship Course should be cleared for a final inspection

12.30 p.m.	David Minter Intermediate Girls Championship.	3750 m
	Followed by the Individual Presentation	
1.00 p.m.	David Minter Junior Boys Championship.	2850 m
	Followed by the Individual Presentation	
1.30 p.m.	David Minter Junior Girls Championship.	2850 m
	Followed by the Individual Presentation	
2.00 p.m.	David Minter Intermediate Boys Championship.	4800 m
	Followed by the Individual Presentation	
2.35 p.m.	David Minter Senior Girls Championship.	4100 m
	Followed by the Individual Presentation	
3.05 p.m.	David Minter Senior Boys Championship.	6000 m
	Followed by the Individual Presentation	

Course Map



8. Public Car Parking (General Public will enter via the **South gate**, see map below)

A charge for car parking will be made. This year the price of parking does include a programme.
– Cost will be £5 per adult (children free)

County coaches and Officials will enter via **Princess Gate**. There will be parking stewards on site all day directing all traffic.

9. Getting to Ardingly and Parking:

Postcodes

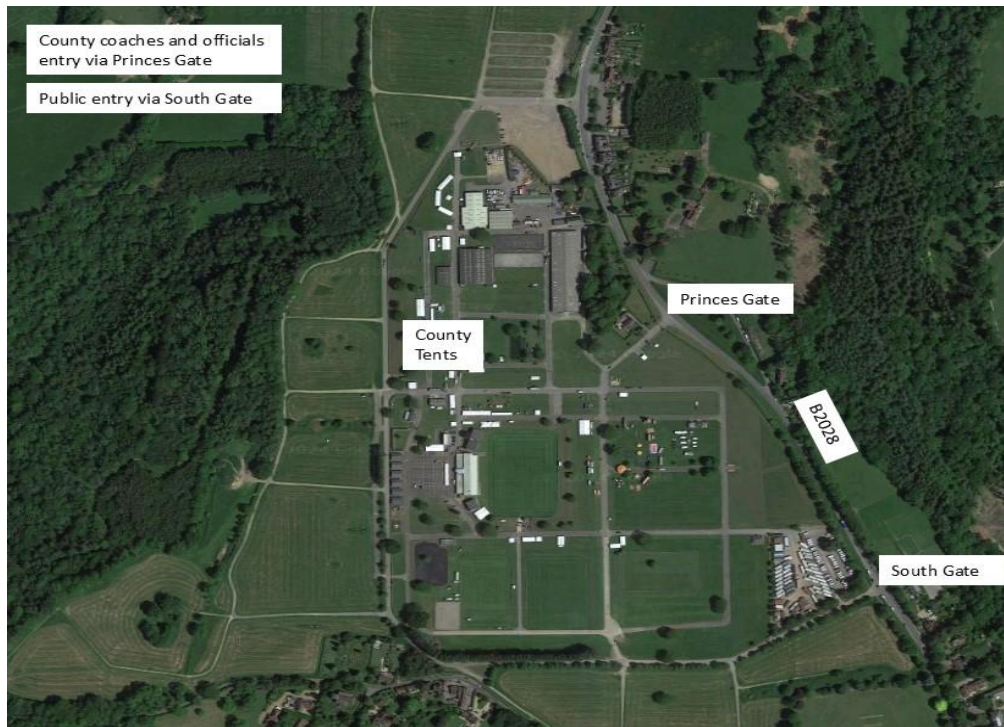
South of England Event Centre
South of England Showground
Selsfield Road
Ardingly
West Sussex

The main entrance to the South of England Event Centre is on the B2028 Selsfield Road close to the centre of Ardingly village. **For Sat Nav use What3word codes as follows**

Coach and Officials Princess Gate: ///magnets.processes.sobered

Members of public South Gate: ///defend.uncouth.drag

From the M25, exit at junction 7 and follow the M23 towards Brighton. Leave at junction 10 and take the A264 towards East Grinstead. After approximately two miles turn right onto the B2028. After passing through the villages of Turners Hill and Selsfield Common



9. Presentations

Individual presentations will be made, as each race is completed. Please ensure that your Team Stewards as well as competitors know of this arrangement. This does mean that the individual competitor(s) concerned will be presented with their award BEFORE reporting to the International Room.

Team Race presentations will take place as soon as possible after the race result is confirmed. Announcements will be made as to when a presentation is imminent. **The presentation of the Aggregate Team trophies will no longer take place at the end of the Championship, but results will include these scores.**

10. International Team Selection

The 10 Athletes invited to represent ENGLISH SCHOOLS' A.A. in the SIAB International on Saturday 22nd March in Scotland will be selected from the JUNIOR and INTERMEDIATE age groups. **There is an additional mixed relay race in both the Junior and Intermediate age-group this year, therefore two additional runners will be selected from the Junior and Intermediate boys' and girls' races making it 10 athletes selected to represent England in the SIAB Cross Country.**

The top 12 runners **(2 of whom, 11th & 12th placed finishers will be registered as reserves)** will be escorted from the finish by ESAA officials to the International Tent.

Once in the International tent there will be a brief team meeting explaining travel details plus envelopes will be handed out containing all the information required for the international. It is essential that athletes can access a mobile phone in the international tent in order to register their contact details for the International event on 'Google 'Forms. Athletes will also collect their international kit.

It is essential that each competitor is accompanied by a parent / adult who can clarify arrangements for the international with the International Team Managers as there are only a few days in which to finalise arrangements for the International.

12. Problems with Travel on the day

If you encounter problems with traffic that may delay you on the way to Ardingly, please contact Paul Allison on: 07757604129 or Rob Cameron on: 07871113775

(these mobile numbers will be operative from 9.30 am until 12.00pm the close of declaration)

13. Race Results:

By using the link below, you will be able to locate race results as soon as these are posted.

<https://frsys.uk/esaa>